

Argyle LifeGroup Discussion
Guardrails, Part 1

Pray

1. A guardrail is a system designed to protect us by keeping us from drifting into dangerous areas. Nobody pays any attention to guardrails until you need one.
Share a story about a time when guardrails were needed while driving.

2. You usually find guardrails on _____, _____ and _____.

3. There's something interesting about guardrails. They are not put on the most dangerous part of the road. Guardrails are located on parts of the road where you could actually drive. Why is that true?

4. This will be our definition for the guardrails we should put in place to protect us in our life: "A personal code of conduct that is connected to my heart."
Explain what that means.

5. Should we think that the personal guardrails we choose for our self should also apply to everyone else?

6. Read Proverbs 4:23 and Proverbs 22:3.
How can these verses help us setup personal guardrails?

7. Ephesians 5:15 (CSB)
15 "Pay careful attention, then, to how you live, not as unwise people but as wise."
What is the difference between someone who is unwise and someone who is wise?

8. Read Ephesians 5:16
Why is it important to setup personal guardrails?

9. Ephesians 5:17 (CSB)
17 "So don't be foolish, but understand what the Lord's will is."

To "understand" means that we use our mind to discover and to do the will of God in our life. Sometimes we think that discovering God's will is some mystical experience, instead of just using our brain. Romans chapter 12 tells us that we discover God's will as He transforms our mind by the Word of God. We learn what the Lord wants us to do by meditating on the Scriptures and by spending time alone with God in prayer.
What are some things that you already know is God's will for you to do?

Pray about some personal guardrails that you can setup to protect you.