

Argyle LifeGroup Discussion
Guardrails, Part 2

Pray

1. Here's our definition of a guardrail in our life:

"A _____ code of conduct that is connected to my _____."
Discuss.

2. Proverbs 4:23 (NIV)

"Above all else, guard your heart,
for everything you do flows from it."

How does this verse apply to setting up personal guardrails?

3. Proverbs 22:3 (NCV)

"The wise see danger ahead and avoid it,
but fools keep going and get into trouble."

Discuss some difference between the wise and fools.

4. What does it mean to believe that "all of life is related"?

5. Why is it more difficult for people to recover from sexual sin?

6. Do you remember the 4 suggested guardrails Pastor Rick gave last Sunday?
What are your thoughts?

7. Read 1 Corinthians 6:18-20

Why is it good advice to run or to flee?

What does it mean that your body is a temple?

How is it possible that we do not belong to ourselves?

What are some ways we can honor God with our bodies?

8. Let this be your prayer everyday:

"Dear God,

My body belongs to You. It's Your temple.

I want to live this life and I want to live this day in such a way
that everything I do with this body honors You.

In Jesus Name,

Amen."